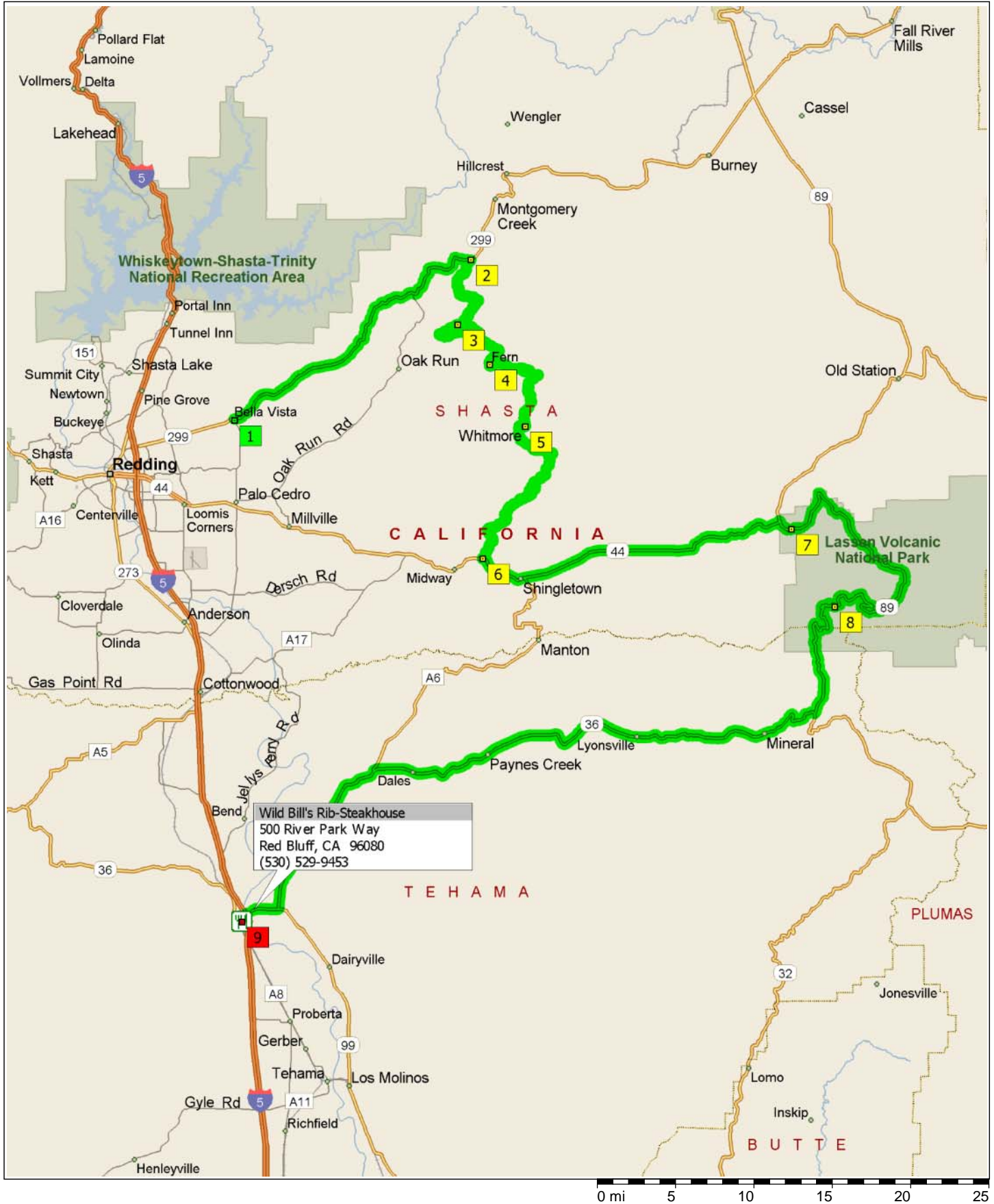


Lassen Park Run

159.2 miles; 7 hours, 6 minutes



9:00 AM	0.0 mi	1 Depart Deschutes Rd, Redding, CA 96003 on Deschutes Rd (North-West) for 174 yds
9:00 AM	0.1 mi	Turn RIGHT (East) onto SR-299 for 20.9 mi
9:25 AM	21.0 mi	2 At 18501 Buzzard Roost Rd, Bella Vista, CA 96008, turn RIGHT (South) onto Buzzard Roost Rd for 2.7 mi
9:30 AM	23.7 mi	Bear RIGHT (South-West) onto Phillips Rd for 2.6 mi
9:37 AM	26.4 mi	Bear RIGHT (West) onto Bullskin Ridge Rd for 1.4 mi
9:40 AM	27.8 mi	3 At 29088 Bullskin Ridge Rd, Oak Run, CA 96069, stay on Bullskin Ridge Rd (West) for 1.5 mi
9:44 AM	29.3 mi	Turn LEFT (South) onto Phillips Rd for 3.1 mi
9:52 AM	32.4 mi	Bear RIGHT (South-West) onto Phillips Rd [Ponderosa Way] for 0.4 mi
9:53 AM	32.8 mi	Turn LEFT (South-East) onto Oak Run To Fern Rd for 1.9 mi
9:56 AM	34.7 mi	Bear LEFT (South) onto Back Horn Ln for 0.5 mi
9:57 AM	35.1 mi	Road name changes to Oak Run To Fern Rd for 0.5 mi
9:59 AM	35.6 mi	4 At Fern, stay on Oak Run To Fern Rd (South) for 131 yds
9:59 AM	35.7 mi	Turn LEFT (East) onto (E) Fern Rd for 0.7 mi
10:00 AM	36.4 mi	Bear RIGHT (East) onto (E) Fern Rd [Ponderosa Way] for 0.4 mi
10:01 AM	36.8 mi	Bear RIGHT (South-East) onto (E) Fern Rd for 6.5 mi
10:12 AM	43.3 mi	5 At E Fern Rd, Whitmore, CA 96096, turn RIGHT (West) onto Whitmore Rd for 0.4 mi
10:12 AM	43.7 mi	Turn LEFT (South) onto Ponderosa Way for 3.8 mi
10:22 AM	47.6 mi	Turn RIGHT to stay on Ponderosa Way for 9.5 mi
10:44 AM	57.0 mi	Turn LEFT to stay on Ponderosa Way for 0.5 mi
10:46 AM	57.6 mi	6 Arrive 7203 Albers Forest Dr, Shingletown, CA 96088
11:31 AM	57.6 mi	Depart 7203 Albers Forest Dr, Shingletown, CA 96088 on SR-44 (East) for 21.0 mi
11:56 AM	78.5 mi	Turn RIGHT (East) onto SR-89 [Lassen Peak Hwy] for 1.1 mi
11:57 AM	79.6 mi	7 Arrive Manzanita Lake
1:27 PM	79.6 mi	Depart Manzanita Lake on SR-89 [Lassen Peak Hwy] (East) for 21.7 mi
1:53 PM	101.3 mi	Turn LEFT (South) onto Local road(s) for 0.1 mi
1:54 PM	101.4 mi	8 Arrive Bumpass Hell
2:54 PM	101.4 mi	Depart Bumpass Hell on Local road(s) (North) for 0.1 mi
2:54 PM	101.5 mi	Turn LEFT (West) onto SR-89 [Lassen Peak Hwy] for 11.2 mi
3:08 PM	112.8 mi	Turn RIGHT (North) onto SR-36 for 43.4 mi
4:00 PM	156.2 mi	Turn RIGHT (West) onto SR-36 [SR-99] for 2.7 mi
4:04 PM	158.9 mi	Turn LEFT (South) onto I-5 Bus [CR-A8] for 0.3 mi
4:05 PM	159.2 mi	Turn LEFT (East) onto Willow St for 153 yds
4:06 PM	159.2 mi	9 Arrive Wild Bill's Rib-Steakhouse [500 River Park Way, Red Bluff, CA 96080, (530) 529-9453]