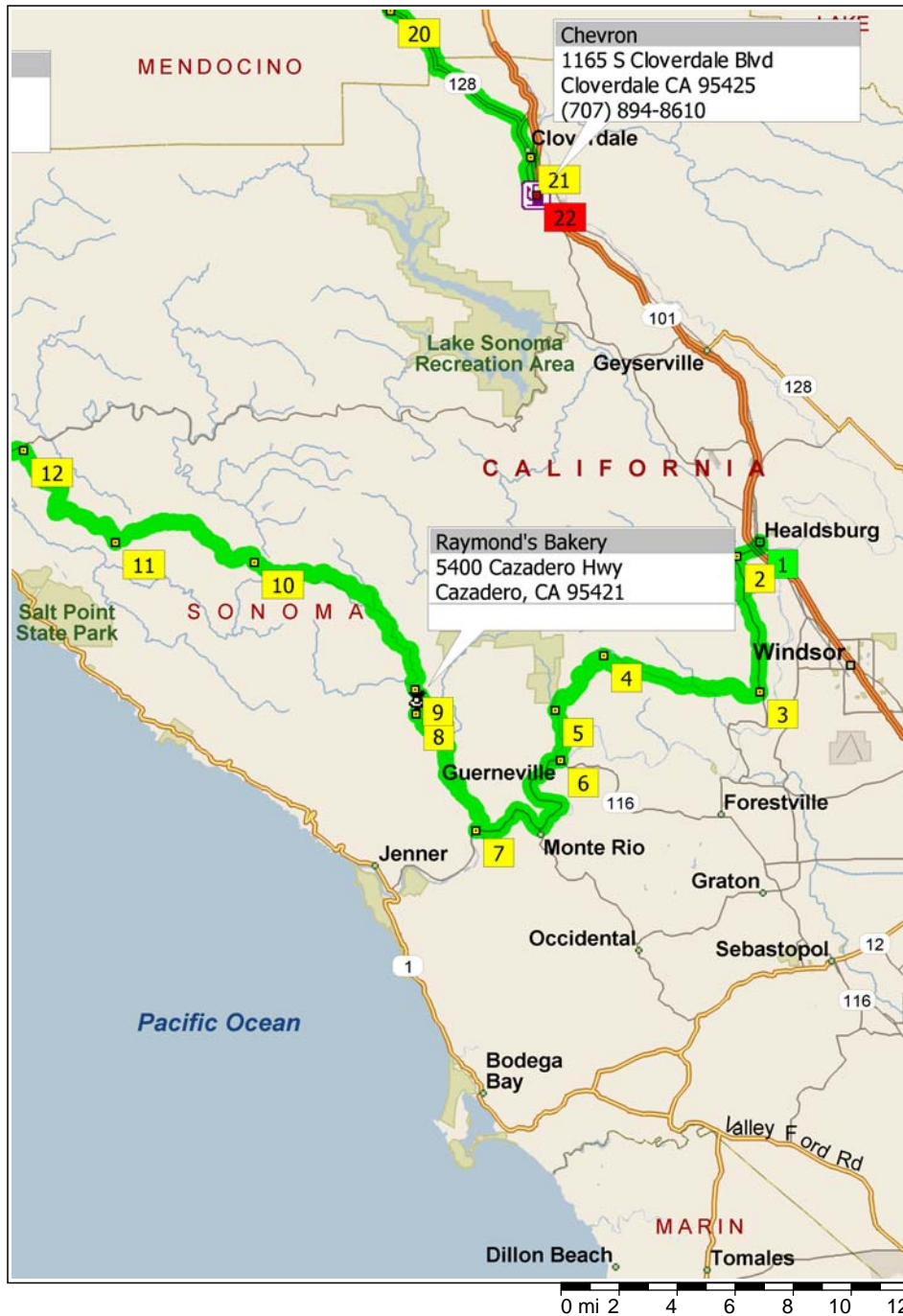


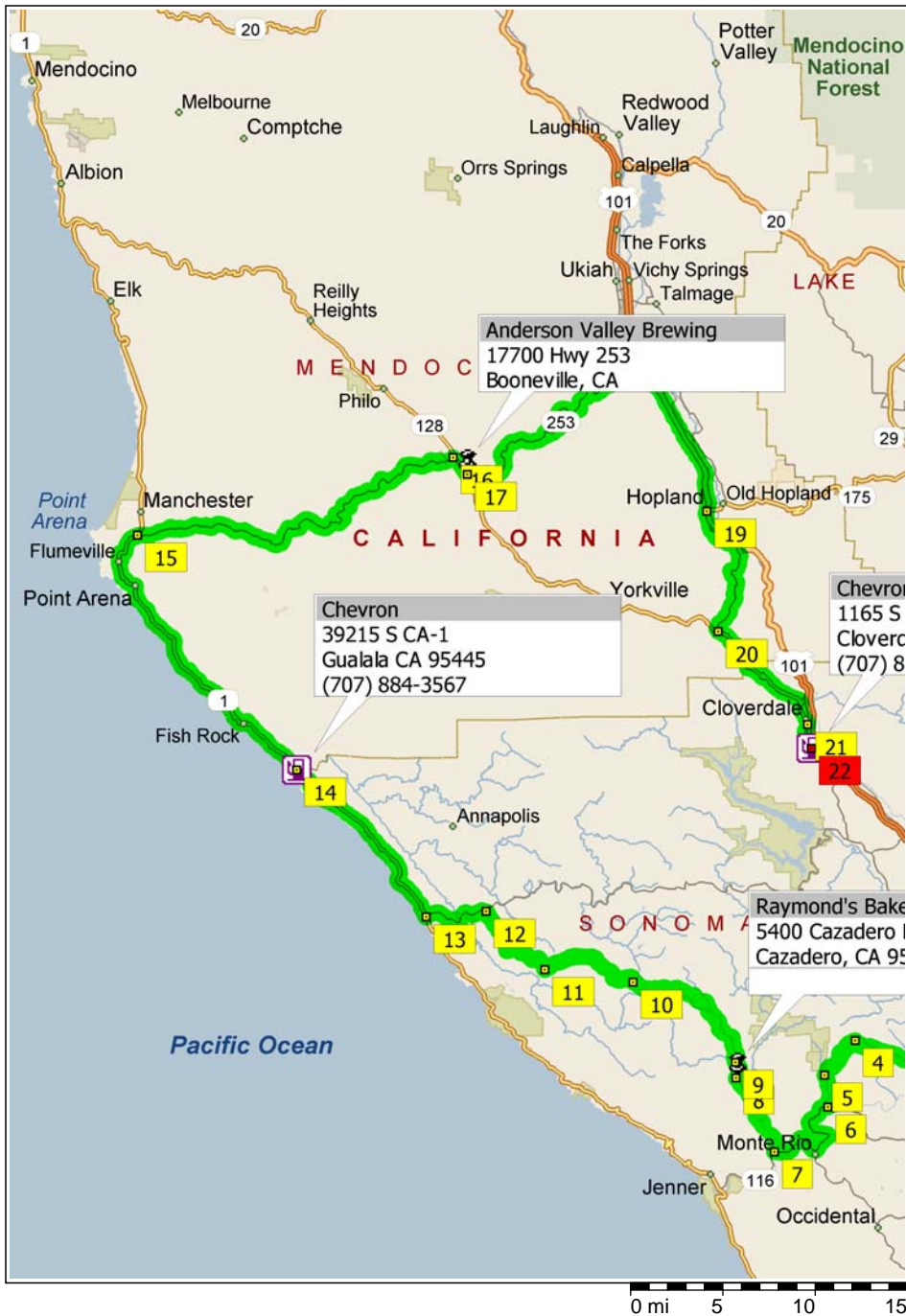
REME - 2008 Sono-Mendo Coast Run

160.2 miles; 6 hours, 56 minutes

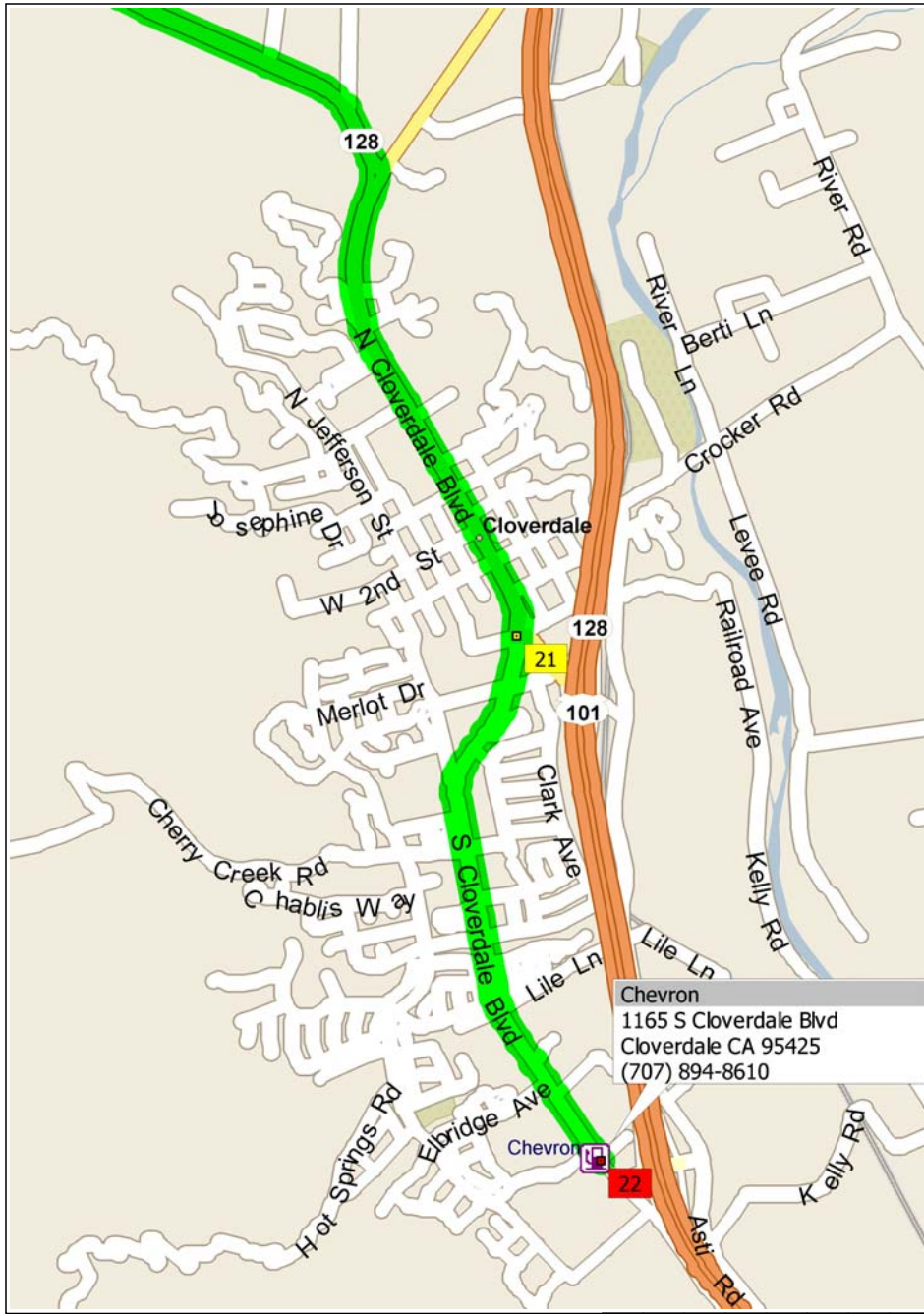




9:00 AM	0.0 mi	1 Depart Plaza Park on Local road(s) (South) for 43 yds
9:00 AM	0.1 mi	Turn RIGHT (West) onto Matheson St, then immediately turn LEFT (South) onto Healdsburg Ave [Old Redwood Hwy] for 0.2 mi
9:01 AM	0.2 mi	Turn RIGHT (West) onto Mill St for 0.1 mi
9:02 AM	0.3 mi	Road name changes to Westside Rd for 0.7 mi
9:03 AM	1.1 mi	2 At Westside Rd & W Dry Creek Rd, Healdsburg, CA 95448, stay on Westside Rd (South) for 5.0 mi
9:09 AM	6.1 mi	3 At Westside Rd & Sweetwater Springs Rd, Healdsburg, CA 95448, turn RIGHT (South-West) onto Sweetwater Springs Rd for 6.6 mi
9:25 AM	12.7 mi	4 At Sweetwater Springs Rd & McCray Ridge Rd, Guerneville, CA 95446, stay on Sweetwater Springs Rd (West) for 3.7 mi
9:34 AM	16.4 mi	5 At Sweetwater Springs Rd & Armstrong Woods Rd, Guerneville, CA 95446, turn LEFT (South-East) onto Armstrong Woods Rd for 1.8 mi
9:37 AM	18.2 mi	6 At Armstrong Woods Rd & SR-116, Guerneville, CA 95446, turn RIGHT (West) onto SR-116 [Main St] for 0.3 mi
9:37 AM	18.5 mi	Keep STRAIGHT onto SR-116 [River Rd] for 2.8 mi
9:42 AM	21.3 mi	Keep STRAIGHT onto SR-116 for 4.0 mi
9:48 AM	25.3 mi	7 At SR-116 & Cazadero Hwy, Duncans Mills, CA 95430, turn RIGHT (North) onto Cazadero Hwy for 5.5 mi
9:57 AM	30.8 mi	8 Arrive Raymond's Bakery [5400 Cazadero Hwy, Cazadero, CA 95421]
10:17 AM	30.8 mi	Depart Raymond's Bakery [5400 Cazadero Hwy, Cazadero, CA 95421] on Cazadero Hwy (North) for 1.1 mi
10:19 AM	31.9 mi	9 At Cazadero Hwy & King Ridge Rd, Cazadero, CA 95421, keep RIGHT onto King Ridge Rd for 10.0 mi
10:43 AM	41.8 mi	10 At King Ridge Rd & Middle Opening Rd, Cazadero, CA 95421, stay on King Ridge Rd (North-West) for 6.3 mi



10:58 AM	48.1 mi	11	At King Ridge Rd & Tin Barn Rd, Cazadero, CA 95421, bear RIGHT (West) onto Tin Barn Rd for 5.8 mi
11:08 AM	53.9 mi	12	At Tin Barn Rd & Stewarts Point Skaggs Springs Rd, Cazadero, CA 95421, turn LEFT (South) onto Stewarts Point Skaggs Springs Rd for 4.4 mi
11:15 AM	58.4 mi	13	At Stewarts Point Skaggs Springs Rd & SR-1, Stewarts Point, CA 95480, turn RIGHT (North-West) onto SR-1 [Shoreline Hwy] for 11.3 mi
11:29 AM	69.6 mi	14	Arrive Chevron [39215 S CA-1, Gualala CA 95445, (707) 884-3567]
11:49 AM	69.6 mi		Depart Chevron [39215 S CA-1, Gualala CA 95445, (707) 884-3567] on SR-1 [Shoreline Hwy] (North-West) for 18.4 mi
12:12 PM	88.0 mi	15	At SR-1 & Mountain View Rd, Manchester, CA 95459, bear RIGHT (East) onto Mountain View Rd for 16.1 mi
12:38 PM	104.1 mi		Turn LEFT to stay on Mountain View Rd for 7.4 mi
12:50 PM	111.6 mi		Turn LEFT to stay on Mountain View Rd for 1.1 mi
12:51 PM	112.6 mi	16	At Mountain View Rd & SR-128, Boonville, CA 95415, turn RIGHT (South-East) onto SR-128 for 1.2 mi
12:53 PM	113.8 mi		Turn LEFT (East) onto SR-253 [Boonville Ukiah Rd] for 54 yds
12:53 PM	113.9 mi	17	Arrive Anderson Valley Brewing
2:53 PM	113.9 mi		Depart Anderson Valley Brewing on SR-253 [Boonville Ukiah Rd] (East) for 16.6 mi
3:13 PM	130.4 mi	18	At SR-253 & Stipp Ln, Ukiah, CA 95482, stay on SR-253 [Boonville Ukiah Rd] (North-East) for 0.3 mi
3:14 PM	130.7 mi		Take Ramp (RIGHT) onto US-101 [Redwood Hwy] for 10.6 mi towards US-101
3:26 PM	141.3 mi	19	At Mountain House Rd & US-101, Hopland, CA 95449, turn RIGHT (West) onto Mountain House Rd for 9.0 mi
3:41 PM	150.4 mi	20	At Mountain House Rd & SR-128, Hopland, CA 95449, turn LEFT (East) onto SR-128 for 7.1 mi



- 3:51 PM 157.5 mi Keep RIGHT onto Local road(s) for 164 yds
- 3:51 PM 157.6 mi Keep STRAIGHT onto (N) Cloverdale Blvd for 1.2 mi
- 3:53 PM 158.8 mi 21 At S Cloverdale Blvd & Citrus Fair Dr, Cloverdale, CA 95425, stay on S Cloverdale Blvd (South) for 1.4 mi
- 3:56 PM 160.2 mi 22 Arrive Chevron

Chevron
 1165 S Cloverdale Blvd
 Cloverdale CA 95425
 (707) 894-8610

0 mi 0.2 0.4 0.6 0.8